



# Equine First Aid Kit

From the 2015 USPC Horse Management Rulebook



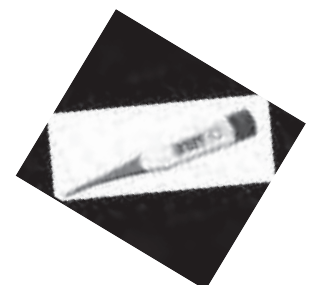
There are 13 REQUIRED items needed in a USPC Equine First Aid Kit.  
What is the use of all these items?

## USE

- A. To keep gauze pad or wound padding in place.
- B. To lubricate the thermometer and/or protect chapped heels
- C. Used when building a bandage over a bleeding or oozing wound.
- D. Take temperature (should have clip or be digital)
- E. To keep a gauze pad in place.
- F. Prevent soreness after hard work, can be diluted in water.
- G. This tape is specifically designed to hold wound pads/bandages on.
- H. Used to clean/disinfect items (like scissors and thermometers)
- I. To cut bandages.
- J. Used to clean a wound.
- K. Used for stable wraps.
- L. Kills/slows the growth of bacteria
- M. Used to dress wounds

## ITEM

- \_B\_ Petroleum jelly
- \_D\_ Digital Thermometer
- \_F\_ Liniment
- \_H\_ Rubbing Alcohol
- \_J\_ Antimicrobial/Antiseptic scrub
- \_L\_ Topical antibacterial or antimicrobial or antibiotic agent
- \_M\_ 4" sterile gauze wound dressings
- \_E\_ (1) 2" wide gauze roll
- \_C\_ 1 lb roll of 12" absorbent practical cotton
- \_A\_ (2) flexible stretch adhesive/cohesive bandages
- \_G\_ (1) roll 1" adhesive bandage tape
- \_I\_ Bandage scissors
- \_K\_ (4) leg bandages and padding





# Equine First Aid Kit



What do these items look like?



MEM



- \_K\_ Petroleum jelly
- \_D\_ Digital Thermometer
- \_M\_ Liniment



- \_C\_ Rubbing Alcohol
- \_J\_ Antimicrobial/Antiseptic scrub
- \_G\_ Topical antibacterial or antimicrobial or antibiotic agent



- \_L\_ 4" sterile gauze wound dressings

- \_i\_ (1) 2" wide gauze roll
- \_E\_ 1 lb roll of 12" absorbent practical cotton



- \_A\_ (2) flexible stretch adhesive/cohesive bandages

- \_F\_ (1) roll 1" adhesive bandage tape



- \_H\_ Bandage scissors

- \_B\_ (4) leg bandages and padding



## Do's and Don'ts of your Equine First Aid Kit



1. Petroleum jelly—At least 1/2 jar. Squeeze tube preferred. *(Ask them why: >to prevent cross contamination)*
2. Thermometer—wipe with alcohol before & after each use. Put petroleum jelly on insertion end. Must be digital. Glass not allowed.
3. Liniment—must have at least 1/2 bottle.
4. Rubbing Alcohol—Must have at least 1/2 bottle.
5. Antimicrobial or Antiseptic scrub—Cannot be an ointment or solution; needs to be a SCRUB—must make suds. Okay to pour into smaller bottle, but it must be labeled!
6. Topical antibacterial or antimicrobial or antibiotic agent—Must have at least 2oz (1/2 stick of butter) Must have expiration date printed on tube and cannot be expired.
7. 4" sterile gauze wound dressings—Must be individually wrapped and have "Sterile" on the wrapping. Must have at least (4).
8. (1) 2" wide gauze roll—must have 1 full roll. Roll gauze can be the brown type that veterinarians use, or stretchy cling gauze available in grocery stores. Must be at least 2" wide, may be wider.
9. 1 lb roll of 12" absorbent practical cotton—Can be opened. Does not have to be sterile since it won't be next to a wound. Cannot be pads or disposable diapers.
10. (2) flexible stretch adhesive/cohesive bandages—Check for brittleness. Must be able to unroll it. Can not use human ACE bandage.
11. (1) roll 1" adhesive tape—At least 1" wide, may be wider. Cannot be masking tape, duct tape, or scotch tape.
12. Bandage scissors—cannot be the type with sharp points; must be blunt tipped.
13. (4) leg bandages and padding—Can be track, flannel, or knit. If the bandages don't have Velcro, at least 2 safety pins must be available. Cannot be polo wraps.



# How to build a bandage over a small leg wound using

## Items in the equine first aid kit

Bonus: have some of these supplies and show the members how to do it.

1) **Stop the Bleeding** (press a gauze pad firmly against the wound)

2) **Clean** (with SCRUB and gauze pads)

3) **Dry** (blot dry with sterile gauze pads)

4) **Protect** (apply small amount of ointment)

5) **Sterile dressing** (place sterile gauze pad over wound)

6) **Secure dressing** (secure gauze pad with gauze wrap)

7) **Cotton wrap** (wrap with 12" absorbent cotton)

8) **Secure wrap** (use leg wrap to hold it all in place. Remember to wrap the adjacent leg to provide balancing support.)

Note: If the wound cannot be dressed, check it frequently to make sure it is not becoming contaminated with dirt or bedding. If it gets dirty again clean it with gently running water.



What's the difference between a **Antibacterial Scrub** and a **Antibacterial Agent**??

A SCRUB is used to clean a wound, it will be sudsy. An AGENT is a cream or ointment used to cover or protect the wound, like Neosporin. If you fell and scraped your knee, would you **clean** it with Neosporin? No, you would clean it with soap and water—a SCRUB. When you are done cleaning it, you put on Neosporin to protect it.

### Final Notes:

1. Equine First Aid Kit should be easy to get to.
2. There should be enough supplies for **all horses** in your trailer or on your team.
3. EVERYTHING MUST to be labeled with your name & club. Is the kit part of a rally box? Club name is good enough. (need more at championships—ask when the time comes)



#### USPC Rating Requirements:

c1-• Describe how to treat minor wounds.